



# PORMPUR PAANTHU NEWS WEEK

Issue 123: Monday 17 October 2022

**October is Mental  
Health Month.**



Come and see us at the Healing Centre for confidential support, advice and advocacy for families. We're here to support our families to support their children to grow up healthy and happy.

Find out more about Mental Health Month: <http://ow.ly/qzb850L2Kjf>

#deadlytipstostressless #MentalHealthMonth #MHM #health #community

**Play Group**

Playgroup for 0-4-years-old at the Corner Shed from 10am-12pm every Monday Wednesday & Friday. Activities include learning to count, shapes, making play dough, slime play, alphabet learning, story time, dancing and nursery rhymes, indoor and outdoor games. Transport provided, see staff to be added to the pick up schedule.

**PPAC Family Wellbeing Services aims to work with, and support children and families to enhance how they function together and to build parenting skills.**

In addition to offering early prevention activities and support, our service also works with families who are engaged with the Child Protection System with a view to addressing any safety concerns and - where possible - supporting reunification.

Our services include, but are not limited to:

- Case Management;
- Advocacy;
- Parenting Programs/Support;
- Family Resources and Education;
- Healthy Lifestyle Resources and Education;
- Referral Pathways to services such as counselling or AOD programs;
- In-Home Supports;
- Any other help we can offer.

Our Family Wellbeing Referral form is available from our PPAC office or Healing Centre.

Our current Family Well-Being Team is Jason Clarke (Coordinator) and Melanie Conrad (Support Worker).

**You can contact us on 4060 4260 or email:**

**[j.clarke@ppac.org.au](mailto:j.clarke@ppac.org.au); or [referrals@ppac.org.au](mailto:referrals@ppac.org.au)**



Kindly be informed that our PPAC Healing Centre vehicle is only funded to pick up clients that are attending our Healing Centre Services.

This means they must be attending counselling and other appointments with our Counsellors.

It is not to be used for public transport.

Your co-operation in this matter is highly appreciated.

From PPAC Management.



**PORMPUR  
PAANTHU**  
ABORIGINAL CORPORATION

## Outside School Hours Care **OSHC**

**MONDAY TO THURSDAY** 3pm to 5pm

**FRIDAY** 1:15pm to 5pm

## Counselling through creative activities + Women's Group

Every Wednesday from now to the end of October

Healthy food, smoothies, cooking tasty treats at the Women's Shelter.

Wednesday 12 October

Wednesday 19 October

Wednesday 26 October



## NOTICE of the ANNUAL GENERAL MEETING of PORMPUR PAANTHU ABORIGINAL CORPORATION



### Friday 18 November 10AM-12PM (+Lunch) PPAC After School Care (Corner Shed)

**At the meeting members will have the opportunity to:**

- find out about PPAC's operations and finances
- ask questions about the operations and finances of PPAC
- speak about any items on the agenda
- vote on any resolutions proposed

**At the meeting members will be asked to vote to:**

- accept the Minutes of the last AGM
- accept the Annual Report
- accept the Auditor's Report
- accept the Annual Financial Statements
- Rule Book Amendments.
- appoint and pay an auditor
- elect directors

This Notice, the Agenda, Special Resolution/s and other relevant details will be sent to all Corporation members before 21 days.

**Ganthi Kuppusamy CEO**

## CONTACT US!

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Pormpuraaw, Q 4892  
Phone: 07 4060 4260  
Fax: 07 4060 4280

- Outside School Hours Care  
07 4060 4001
- Women's Shelter Admin Office  
07 4060 4082
- Healing Services  
07 4060 4260
- Long Day Care  
07 4060 4165
- CEO's Office  
07 406 04211

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING,  
CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY